

# A Message To Our Members About COVID-19

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Dear Association Members and Friends,

**The Coronavirus Disease 2019 (COVID-19) has been classified as a pandemic by the World Health Organization (WHO) and as of yesterday 13 March 2020 the President declared a National Emergency in the United States.** The number of people who will test positive for the potentially fatal COVID-19 remains unknown, but there are steps we can take, and must take, to protect ourselves and help our fellow veterans and citizens.

The COVID-19 situation will be changing rapidly so we have to stay abreast of current information and follow the appropriate guidance to keep our communities, states and the nation safe. The best resources to follow are the CDC <https://www.cdc.gov> and the WHO <https://www.who.int/>.

## **CLEAN YOUR HANDS OFTEN**

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol.**
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.
- **Avoid close contact** with sick people and keep distance from others
- **Stay home if you are sick – wear a facemask**
- **Clean and disinfect** frequently touched surfaces daily

This is an excellent opportunity to put into practice our motto, "Working Together Works". Call a Montford Pointer or email a chapter member. Check on others in your communities to make sure they have the supplies they need, are feeling healthy, and help them acquire the resources they need.

Let's also continue to keep our thoughts and prayers with our servicemembers especially those overseas, our National Guardsmen who have been activated in various states, first responders, and others who will be taxed in coming months. They need our support now more than ever.



Carmen E. Cole  
National President